



Hypnotherapy Master Certification Program “Certified Master Hypnotherapist”

The Master Hypnotherapy program is designed for the Certified Hypnotherapist or Professional Hypnotherapist who is licensed or certified as a helping professional and is familiarized with regressive trance-state therapy. As we know, Edgar Cayce's recommended hypnosis as a tool for healing and transformation. *He opined that "the study of self. . . may best be done by suggestive forces to the body through hypnosis." (Reading 3483-1)*

Many years later, Dr. Allen Chips (NATH's co-founder) stated that “Hypnotic Regression is perhaps the single most powerful intervention for creating change in an individual's character in the shortest amount of time, while it increases awareness about the self and our world like nothing else on earth; and it does so not only through new understandings, consciously, but also experientially and unconsciously.”

NATH's Master level Hypnotherapy is centered on the view that the client already holds the answers to his/her trilogy condition within the conscious, unconscious, and superconscious dimensions of mind. Trilogy condition here is defined as the integral condition of mind, body, and spirit (*intellectual/emotional, physiological, and spiritual/purpose*), which are driven by the internal representations (*a compilation of memories*) of the individual. In the regressive mode, the trilogy condition can be directly accessed and transformed.

On an advanced level, regression therapy is a modality used for both emotional clearing and re-perceptual change. The Master Hypnotherapist may thereby utilize the imagery presented by the client for creation and facilitation of both internal and external transformations. NATH theorizes therapists may better facilitate the healing journey when they experience healing themselves. Internal balance, peace, and harmony may be achieved when negative feeling states involving oneself or others and other learned repetitive behaviors are resolved.

During this exceptional week, you will:

Explore regression as a tool for discovering underlying cause(s) of issues and associated unconscious triggers.

Discover ways you can use hypnotic regression for emotional clearing & reframing negative feeling states.

Study advanced transformational models for habits, anxiety and addictions intervention; briefest trauma intervention as well as reframing and spiritual therapy techniques.

Gain experience using client-centered regression therapy and psychophysical, transformational and spiritual healing methods; and apply safely and ethically to other participants.

Experience the value of hypnotic regression for current and past life therapy.

Study Entity Release Theory and Practice, Archetypes; alternate realities and guidance achieving homeostasis – the end result.

COURSE OUTLINE

- Hypnotic Regression... *what it is, its objectives, and history.*
- Client-centered Approach
- Regression Theory
- Engaging with a Problem History
- Regression Methods... *Reorientation, Descending, Open-ended, Time-line and Affect Bridge*
- Advanced Regression Techniques... to *Discover, Release and Reframe*
- Regressive - Transformational Models... for *Desensitization, Differentiation, Retrieving Fragmented Souls, Wounded Child Blending*
- Reframing and Spiritual Models
- Entity Release Theory Models
- Somatic Healing

Need Course Information

Call 1-855-772-0459

or visit the NATH Web site: nath.world



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COURSE DURATION. Five Days. The class manual is a collection of advanced and effective “regressive transformational models” that are highly regarded for achieving transformation within individuals undergoing regression. The NATH Training Manual, given to students on the first day of class; makes it easy for students to follow the course and serves as an in-class reference; includes scripts, procedures, and more. Training includes individual demonstrations, experiential participation, audio/video, lecture, and independent study. Each participant will have opportunities for experiential learning throughout the course.

REQUIRED COURSE MATERIAL (*available on Amazon*)

- *Regression Therapy: A Handbook for Professionals Vol I & II* by Winafred Blake Lucas
- *Mind Probe-Hypnosis* by Irene Hickman, D.O.
- *Clinical Hypnotherapy: A Transpersonal Approach* by Dr. Allen Chips
- *Script Magic: Clinical and Transpersonal Scripts That Work Like Magic* by Dr. Allen Chips

REQUIREMENTS FOR CERTIFICATION. The NATH Master Certification Program is rated at 150 hours; a combination of in-class and outside study. Assignments are detailed in the Master training manual, given to students on the first day of class. NATH reserves the unconditional right to grant or deny admission; however, NATH does not discriminate on the basis of race, age, sex, religion, national origin, or handicap.

- **Attendance** – 50 hours of in-class instruction including video instruction in the evenings; 80% attendance is required. Students who miss class time are required to purchase the course CD set and listen to the portions missed of the in-class segment prior to certification and submit written highlights from the text of the missed segments. Students should bring a recording device such as an iPad, digital recorder, smart phone etc. Includes one supervised interview session and three experientials (both as the therapist and client) incorporating regression methodology and transformational models taught in class; session forms due NLT the following day.
- **Final Exam** – 50 hours consisting of two open-book exams with questions from *Regression Therapy: A Handbook for Professionals, Volumes 1 and 2*, by Winafred Blake-Lucas. A score of 80% or higher is required for each exam and is due NLT 90 days following the last day of class. Students may download the exam for advance completion at <https://www.nath.world>
- **Post-class Experientials** – 50 hours of post class regression therapy consisting of five experientials incorporating regression methodology and transformational models taught in class. Completed sessions (recording and associated paperwork) required within 90 days of course completion for assessment before being awarded certification.

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